

10 Key Points of Support Group Facilitation Self-Evaluation Checklist

	Key Point	We demonstrated this point successfully	We need to improve our skills in this point
1	Used the Facilitator Guides (had them in hand)		
2	Followed the steps on the Facilitator Guides exactly		
3	Used an “AID US” strategy when moving to a structure or process		
4	Followed the Agenda, Group Guidelines and Principles of Support		
5	Showed empathy towards group participants and modeled respect		
6	Ensured that the group process remained constructive through use of the model		
7	Moved the group out of negative group dynamics when they occurred		
8	Refrained from giving advice or acting as a therapist		
9	Refrained from asking the group for help working through own personal challenges		
10	Showed fidelity to the NAMI Support Group Model at all times		



Important: With your co-facilitator, review this checklist after each meeting to evaluate your fidelity to the model.