

Sample Facilitator Note-Taking Sheet

Facilitator: _____ Date: _____

<div style="text-align: center;">Cues</div> <div style="text-align: center;">Names</div>	<u>Tough Topics</u> Someone shares a traumatic event (threat of/or actual suicide, violence, commitment, disappearance, etc.)	<u>Emotional Stages</u> Someone (1) expresses intense feelings (feeling overwhelmed, anger, grief) (2) someone breaks down, (3) someone is in denial	<u>Group Wisdom</u> A basic issue or question can be clarified by the group.	<u>Principles of Support</u> Someone faces “illness” issues over which they have little or no control . Someone/group is negative or hopeless. Addresses attitudes more than actions.	<u>Quick Fixes</u> Issues which can be solved quickly.



Important: To assure confidentiality, it is important that you tear off and destroy the “name” column immediately after your meeting. There should be no record that can be used to identify group members.