



NAMI On Campus clubs are student-led, student-run mental health organizations on college and high school campuses. NAMI on Campus clubs:

- Raise mental health awareness with fairs, walks, activities, candlelit vigils, and more!
- Educate the campus with presentations, guest speakers and student panels.
- Advocate for improved mental health services and policies on campus.
- Support peers with signature NAMI programs from NAMI State Organizations (NSOs) and NAMI Affiliates (NAs).

Why NAMI On Campus?

As a member of a NAMI On Campus club, you will belong to the largest grassroots mental health organization in America. Each club is partnered with a local NAMI Affiliate who can provide support and resources. There may also be volunteer opportunities through the partnered NAMI Affiliate. Club leaders have access to NAMI resources, opportunities and support that come with being part of this national movement, including potential opportunities to continue working with NAMI after graduation.

What does it look like to run a NAMI On Campus?

All clubs should be hosting club meetings on a regular basis where they discuss various topics relating to mental health.

Depending on the capacity of the club, they may also hold campus-wide events and activities to promote mental health awareness and educate the community. Some events include:

- Bringing animals on campus during finals
- Various self-care activities
- NAMI presentations
- Tabling with mental health resources

NAMI On Campus clubs are also supported through our online portal where clubs will have access to many resources to help inspire and guide the club's operation.

What should you do before getting started?

- Develop a relationship and good communication with a local NAMI Affiliate.
- Designate a faculty advisor. The faculty advisor must be a person who works on campus and can commit time to the role.
- Find a committed group of three students who will help support the start of your club and see it through its development as club leaders.

Interested in learning more about NAMI On Campus?

Contact your local NAMI or email NAMI National at namioncampus@nami.org for additional support and resources.

The National Alliance on Mental Illness (NAMI) is the nation's leading grassroots mental health organization. NAMI's mission is to provide advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives.