

## RESEARCH OPPORTUNITY

NAMI is committed to ensuring that the most effective treatments for mental illness are available to those who need them. Determining which treatments are most effective requires research.

When NAMI learns of new studies by physicians and other scientists involving new treatment methods, such as psychotherapies, medications, methods of medication delivery, etc. we become excited. That excitement comes from knowing that scientists continue to learn more about mental illness and look for ways to improve the lives of those affected by it. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and National Director of Research and Quality Assurance Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting clinical trial participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these trials.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email us at [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

The Monarch study is a clinical trial to test the safety, efficacy, and tolerability of the investigational drug JZP150 in treating adults with post-traumatic stress disorder (PTSD). This is a randomized, double-blind study; some participants will be given JZP150 and others will be given a placebo. Participants receiving JZP150 will take one of two different doses. Total participation time is up to 18 weeks. Participants may be reimbursed for some study-related costs.

## WHO CAN PARTICIPATE?

Individuals may be eligible for this study if they:

- Are 18 to 70 years old
- Have a diagnosis of PTSD

*Note: Additional inclusion and exclusion criteria apply.*

The researchers are seeking 270 participants for the clinical trial.

## WHERE IS THE STUDY TAKING PLACE?

This is a national study that is taking place at sites in the following states: Arizona, Arkansas, California, Colorado, Connecticut, Florida, Georgia, Illinois, Massachusetts, Nevada, New Jersey, New York, Ohio, Pennsylvania, Texas, and Washington.

## HOW DO I LEARN MORE?

The attached documents have additional information about the study. To see if you're eligible, or for more information about specific study sites, visit the study website here: <https://www.monarchstudyptsd.com/#about>