

RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email research@nami.org.

WHAT IS THE STUDY?

This study is a remote clinical trial to evaluate the efficacy of a mobile application (app) to improve negative symptoms of schizophrenia, including struggles with motivation, socialization, apathy (lack of interest), or anhedonia (lack of enjoyment or pleasure). Participants will use the mobile app, answer questions about their thoughts and experiences, and participate in 3 remote study visits over video-conferencing lasting 2 ½ hours in total. Participants will receive the study app at no cost, along with either an unlocked, refurbished iPhone SE (2nd generation) or a \$100 gift certificate.

WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are aged 18-65 at the time of consent and proficient in English
- Have access to a personal device capable of video-conferencing and a Wi-Fi connection
- Have a primary diagnosis of schizophrenia, schizoaffective disorder, or unspecified psychotic disorder *and* at least occasionally struggle with one of the following: motivation, apathy, or anhedonia
- Have *not* had a recent hospitalization (within the last 12 weeks)
- Have *not* had a recent change in medications (within the last 4 weeks)

The researchers are seeking 20 people for this study.

WHERE IS THE STUDY TAKING PLACE?

This is a remote study for individuals located within the U.S.

HOW DO I LEARN MORE?

If you have questions or would like more information, please contact the researchers at research@northshore.health or at (347) 391-5107.