

RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email research@nami.org.

WHAT IS THE STUDY?

This study is a confidential and anonymous online survey to gather adults' views on the ethics (privacy and safety) of mental health apps. Mental health apps include mood trackers, therapy apps, mindfulness apps, etc. The survey will take about 10 minutes to complete. Participants will receive a \$20 gift card for completing the survey.

WHO CAN PARTICIPATE?

Researchers are seeking 1,000 respondents. Individuals may be eligible for this study if they:

- Are 18 years of age or older
- Have used or strongly considered using apps for mental health management

WHERE IS THE STUDY TAKING PLACE?

This study takes place entirely online. If you would like to participate in this study, please access the survey here: goto.stanford.edu/mhealthethics.

HOW DO I LEARN MORE?

If you have additional questions, please contact the study team at mhealthethics@stanford.edu.