

"CAN I TRUST YOU?"

How Early Messages About Racism Influence Women of Color's Help-Seeking Behaviors

PURPOSE OF RESEARCH STUDY

To understand how **early cultural messages about systemic racism:**

- 1) influence Women of Color's **engagement with traditional mental health services**, and
- 2) informs their **preferred method of coping** with difficult life events



TO PARTICIPATE

Are you a **Women of Color** and **at least 18 years old**?

Interested in a **120-minute, virtual, focus group interview** with 4-5 women from your **shared racial identity background**?

Participants will receive a **\$25 gift card**

Please click the link below or scan the QR code



[Survey Link](#)

