



THE BOLSTER PROJECT

SEEKING CAREGIVERS TO YOUNG ADULTS WITH EARLY PSYCHOSIS

We are testing digital tools designed to support caregivers of young adults with mental health conditions.

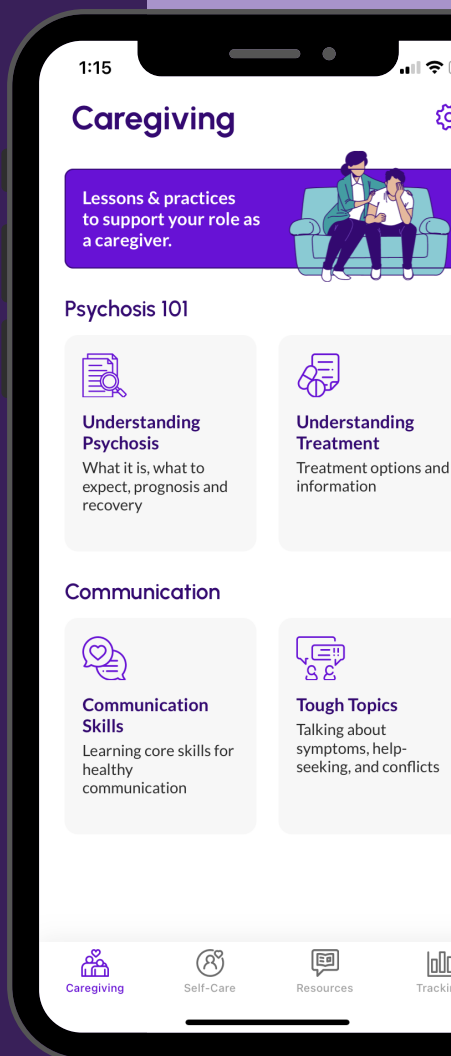
The project provides information, guidance, and support to caregivers through an app or online resources.

To participate:

- Be a caregiver to a young person (15-35) with early psychosis,
- Own an iPhone.

Participation includes:

- Completing surveys and questionnaires,
- 12-week trial engagement,
- \$180 Amazon Gift card compensation



bolsterproject.org

