

## RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

This study is for parents and caregivers of children that are receiving mental health services and who have used telehealth for mental health care. Recruited individuals will participate in a virtual focus group to share their perspectives on and experiences with telehealth services for mental health treatment, and how they compare to in-person care. The goal of this study is to inform policymaker and provider decisions regarding the role of telehealth in making mental health services more accessible to individuals with serious mental illness. The focus group will last for 90 minutes and occur between May and June 2023. Participants will be compensated with a \$100 gift card.

## WHO CAN PARTICIPATE?

Participants may be eligible for this study if they are:

- At least 18 years of age.
- Parents and caregivers of children that are receiving mental health services and who have used telehealth for mental health care

*The researchers are particularly interested in hearing from people from a variety of racial/ethnic backgrounds, gender identities, and geographic areas.*

The researchers are seeking 9 participants for this focus group.

## WHERE IS THE STUDY TAKING PLACE?

This focus group will be conducted virtually. If selected, participants will receive the relevant information to access the virtual meeting.

## HOW DO I LEARN MORE?

The documents attached have additional information about the study. If you have questions or would like more information, please contact the researchers at [Telementalhealthstudy@mathematica-mpr.com](mailto:Telementalhealthstudy@mathematica-mpr.com) or 844-341-1187.