

## RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

This is an anonymous online survey study for individuals who have experienced trauma, aimed at understanding the impact of trauma disclosure on survivors' posttraumatic growth and wellbeing. Participation involves completing an informed consent form, a brief screening questionnaire, a demographic form, and a survey including around 100 questions about experiences discussing trauma with others and wellbeing following trauma. Total participation time is 20-35 minutes. Participants may provide contact information if they choose to enter an optional cash-prize raffle.

## WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are at least 18 years old and fluent in English
- Have experienced trauma in their lifetime
- Have access to a computer with internet connection

The researcher is seeking 120 people for this study.

## WHERE IS THE STUDY TAKING PLACE?

This study takes place online. View informed consent and take the survey here:

[https://marquette.az1.qualtrics.com/jfe/form/SV\\_0D4uJ1ofyJnrO6y](https://marquette.az1.qualtrics.com/jfe/form/SV_0D4uJ1ofyJnrO6y)

## HOW DO I LEARN MORE?

The study advertisement includes additional information about the study. If you have questions or would like more information, please contact the researcher at [william.ewing@marquette.edu](mailto:william.ewing@marquette.edu).