

## RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

This study is for adults with serious mental illness (SMI) who are interested in engaging in more meaningful activities with their children. Participants will be enrolled in a 10-week, distance-based intervention involving 1-1 phone call or video meetings with a recreational therapist every other week and a video support group with study participants every other week. Participants will be involved in the study for 20 weeks and complete 3 virtual, 90-minute interviews about their experiences. Participants will receive a \$20 gift card for each completed interview. The goal of this study is to improve well-being and family relationships for adult parents with SMI through meaningful engagement with their children.

## WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are aged 18 or older
- Are an adult parent with a diagnosis of a schizophrenia spectrum disorder, bipolar disorder, or depression
- Have a child who is interested in participating in family activities
- Have a desire to engage in more meaningful activities with their child

There will be 96 people participating in this study.

## WHERE IS THE STUDY TAKING PLACE?

This study takes place virtually; participation may occur from anywhere in the United States.

## HOW DO I LEARN MORE?

The documents attached have additional information about the study. If you have questions or would like more information, please refer to the study website (<https://sites.temple.edu/parenting/>) or contact the researchers at [epicc@temple.edu](mailto:epicc@temple.edu).