

## RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

This study is for cisgender Women of Color who are interested in participating in an online focus group with other women from their shared racially/ethnically minoritized background. The goal of this study is to understand how early cultural messages about systemic racism influence Women of Color's engagement with traditional mental health services and inform their preferred method of coping with difficult life events. Focus group sessions will include 4-5 participants each and last for 90-120 minutes. Participants will receive a \$25 electronic gift card. Recruitment will run through November 30, 2023.

## WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are 18 years of age or older
- Identify as a cisgender Woman of Color [Black/African American, Indigenous/American Indian/Alaska Native, Latinx, South Asian (e.g., Indian, etc.), East Asian (e.g., Chinese, Korean, Japanese, Taiwanese), Native Hawaiian/Pacific Islander, Middle Eastern/North African, Bi/Multiracial]

The researcher is seeking 25-30 participants for this study.

## WHERE IS THE STUDY TAKING PLACE?

This study will take place online via Zoom. If you are interested and willing to participate in a virtual focus group, please complete this short, online survey via Qualtrics where you will be asked to provide your informed consent as well as complete a series of background questions.

[https://umassboston.co1.qualtrics.com/jfe/form/SV\\_eVEgLjDoN8IV0Hk](https://umassboston.co1.qualtrics.com/jfe/form/SV_eVEgLjDoN8IV0Hk)

## HOW DO I LEARN MORE?

The documents attached have additional information about the study. If you have questions or would like more information, please contact Kairys Grasty, MS, and doctoral candidate at [kairys.grasty001@umb.edu](mailto:kairys.grasty001@umb.edu).