

RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email research@nami.org.

WHAT IS THE STUDY?

This is a survey study for working parents and caregivers of children with mental health disabilities to understand the difficulties associated with disclosing a child's mental health status to an employer. The results of this study will inform the development of resources for working parents to help decide when and how to disclose their children's disability-related care demands to supervisors.

Participants may complete a virtual, 30-40-minute individual interview or a 20-minute online survey, both focused on the factors that impact the decision to disclose a child's mental health status to an employer. Interview participants will receive a \$50 Amazon gift card and survey participants will receive a \$25 Amazon gift card.

WHO CAN PARTICIPATE?

Individuals may be eligible for this study if they:

- Are between the ages of 18 and 64
- Currently live with and have primary responsibility for at least one child between the ages of 3 and 29 with a mental health disability
- Currently work full-time (defined as 30+ hours/week)

The researchers are seeking 4 interview participants and 44 survey participants for their study.

WHERE IS THE STUDY TAKING PLACE?

This is a remote study for individuals located within the U.S. Interviews will take place via Zoom. Sign up for an interview at this link: https://csumb.co1.qualtrics.com/jfe/form/SV_eD8rmg42gjTa2r4 or access the survey here: https://csumb.co1.qualtrics.com/jfe/form/SV_9QOen3xXpG6pf02

HOW DO I LEARN MORE?

The study flyer has additional information about the study. If you have questions or would like more information, please contact the researcher at listewart@csumb.edu.