

RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://nami.org/research) or email research@nami.org.

WHAT IS THE STUDY?

This is a study to test the usability of myChoice, a web-based decision aid to help working parents and caregivers of children with mental health disabilities determine if and how to disclose a child's mental health status to their employer. Participants will log into the myChoice application and read aloud the screens/content, providing feedback on readability and comprehension as they go through the application. Responses will be deidentified and transcribed. Total participation time is 60-90 minutes. Participants will receive a \$50 Amazon gift card upon completion of the study. This is a follow-up to the survey portion of the myChoice study, which was posted as a Research Opportunity Announcement in May 2024, "Disclosing a Child's Mental Health Condition to Your Employer."

WHO CAN PARTICIPATE?

Individuals may be eligible for this study if they:

- Are between the ages of 18 and 64
- Currently live with and have primary responsibility for at least one child between the ages of 3 and 29 with a mental health disability, defined as having a psychological or behavioral condition that interferes with life activities
- Currently work full-time (defined as 30+ hours/week)

The researchers are seeking 12 participants.

WHERE IS THE STUDY TAKING PLACE?

This is a remote study for individuals located within the U.S. Access the study here:

https://csumb.co1.qualtrics.com/jfe/form/SV_bQ3UPyxYN54qsN8

HOW DO I LEARN MORE

See the study flyer for additional information. If you have questions or would like more information, please contact the researcher at listewart@csumb.edu.