

PARTICIPANTS NEEDED

FOR A **REMOTE*** RESEARCH TRIAL OF A NEW **DIGITAL THERAPEUTIC MOBILE APP**

**No in-person visits*

Purpose:

To evaluate the usefulness of a new cognitive-behavioral therapy (CBT) digital therapeutic (DTx) intervention.



Designed specifically for **Service Members and Veterans** who have a history of head injuries and who are currently experiencing symptoms of depression.



CBT is an effective treatment for depression. A DTx mobile app could increase availability.

A possible benefit is reduced depressive symptoms, but there is no guarantee you will benefit from this study.



Time Commitment:

30 min - 1 hr per week for 16 weeks

Financial compensation is being offered as part of this study



Principal Investigator

David Brody, MD, PhD

(USUHS) IRB 1
IRB NUMBER: CNRM-92-10531
IRB APPROVAL DATE: 07/27/2023
IRB EXPIRATION DATE: 06/22/2024

MTBI²



Uniformed
Services
University



Photo by Staff Sgt. Eric Harris. US Air Force

Protocol Title:

A Single-Blind, Randomized, Controlled Trial of a CBT-DTx to Combat Symptoms of Depression in Service Members & Adults with a History of mTBI



Contact the Study Team

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