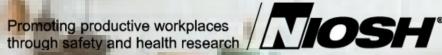
Norkplace Disclosure myChoice

Resources for Parents of Children with Mental Health Disabilities

This project is supported by funding from California State University





We need your input now for this important resource

Click here to find out more



Click here to find out how you can participate!

Contact Us

Parents like you face the decision about how to tell or not tell their boss about their child's mental health needs every day.



myChoice is an online decision aid that can help parents of children with mental health conditions navigate what to share and how to share with their employer, especially when flexibility at work is needed.

- Valuable content on employment rights.
- Strategies used by other parents to navigate mental health stigma in the workplace.
- Opportunity to evaluate your unique situation.
- Downloadable tailored action plan.



RECRUITING PARENTS FOR myChoice DECISION APP FEEDBACK!

Click a link to participate!

Test out the app with us





Have you ever had to tell your boss about your child's mental health needs to get a schedule adjustment? Share your experiences of telling or not telling your boss about your child's mental health needs.

Tell us about what would have helped you or would help to make the decision easier. Help build a resource that will support you and other parents to make these difficult decisions.



Together we can *support* each other.

Get in touch or follow us on social media.

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