

Ray C. Lay

Certified Peer Recovery Specialist

Enthusiastic and compassionate Certified Peer Specialist with a solid understanding of mental health and addictions recovery. Brings a unique perspective to living with a mental health diagnosis and maintaining success.

PROFESSIONAL EXPERIENCE

SMI Enterprises, LLC

Owner

Indianapolis, IN

(May 2018-current)

- Consultant: mental health, substance abuse, housing challenged/homeless individuals
- Advocacy and referrals
- Guest Instructor for Indiana Law Enforcement Academy
- Specialized Educational Services

Hope Rising

Founder/Innovator-Consumer Operator Business Grant (501c3)

Indianapolis, IN

(July 2015-current)

- Peer Recovery services, community outreach
- Promote and provide Peer Related services and educate consumers
- Presentations to both consumers and stakeholders in the community
- Provide referral to community resources and collaborate with numerous organizations
- Person with significant life altering experience who works to assist individuals with substance use disorder/ mental health disorder or domestic abuse and other life effecting issues
- Assist peers in articulating recovery goals, learn and practice new skills, help monitor progress and help develop effective coping techniques/self-help strategies based on own recovery experiences

National Alliance of Mental Illness (NAMI)

Orientation Presenter with the Indiana Department of Correction

Indianapolis, IN

(August 2012-current)

- Visit Indiana Correctional Facilities educating staff on mental illness related issues
- Member of Board of Directors (NAMI Indiana)
- CIT presenter throughout Indiana

Roudebush VA Medical Center

Patient Transport Services-Volunteer

Indianapolis, IN

(Sept. 2010-current)

- Transport Veterans to inpatient clinics/wards, specimen to lab
- Transport charts, paperwork to clinics and wards

Mental Health Intensive Case Management (ICMHR)

Peer Recovery Specialist- Volunteer

(October 2014-current)

- Exhibit competency in personal recovery and coping skills
- Advocate and provide consumer information
- Educate clients on Veterans' benefits , assist client in articulating personal goals
- Assist client in working with medical providers
- Assist in the development of establishing natural supports in the community

Indianapolis, IN

- Home visits-engage Veteran's in their homes
- Participate in staffing with multidisciplinary treatment teams

Psychosocial Recovery and Rehabilitation Center (PRRC) Peer Mentor (January 2013-October 2014)

- Facilitate groups with both PRRC and Domiciliary Veterans
- Peer Mentor patients in the inpatient psychiatric department
- Access to CPRS, DHCP, TMS (VA Medical Center computer systems)
- Participates in Domiciliary and Recovery Advisory Council

Indiana Department of Corrections

Indianapolis, IN

Stationed at Indianapolis Re-Entry Educational Facility

(2012-2018)

Volunteer Peer Mentor

- Provide mentorship to at-risk adults
- Discuss and distinguish issues that arise to prevent recidivism
- Problem solve, provide referrals, educate on issues related to their legal, mental health and medical issues which complicate recovery
- Facilitate groups on mental health/substance abuse (Indianapolis Parole District 3)

PROFESSIONAL MEMBERSHIP & LEADERSHIP

NAMI Board of Directors

Arlington, VA

Public Policy Committee (2021-present)

Board Policy & Governance Committee (2021-present)

Indiana Behavioral Health Commission

Indianapolis, IN

Commissioner (2020-present)

Indiana Disability Rights Mental Illness Advisory Council

Indianapolis, IN

Council Member (2017-2020)

Coalition of Homelessness Intervention and Prevention (CHIP)

Indianapolis, IN

Member of Board of Directors (2017-current)

National Alliance of Mental Illness Indiana Chapter

Indianapolis, IN

Board Member (2015-current)

Indiana Balance of State Board of Directors -Continuum of Care

Indianapolis, IN

Executive Committee Member (2013-2020)

CERTIFICATIONS & CREDENTIALS

- **Indiana Certified Recovery Specialist**- January 2011-Current
 - *Certified Community Health Worker (CHW)* obtained 2011
 - Substance Abuse endorsement (SA)- obtained 2015
 - Forensic Peer Support Specialist- obtained 2017
- **Boots 2 Business**-June 2018
- **NAMI**- Hall of Fame Inductee -In Our Own Voice presenter 2016
- **Indiana Credentialing Association on Alcohol and Drug Abuse (ICAADA)**-Project PEERS

Indianapolis, IN

- Supervision Training- July 2015
- **Indiana Credentialing Association on Alcohol and Drug Abuse (ICAADA)**
 - Working Together Works-June 2014
 - Psycho Education Facilitator-March 2013-Current
- **DMHA-Basic & Advanced Motivational Interviewing-** July 2013-Current
- **Department of Veteran Affairs- Veteran Peer Support Specialist-** October 2012-Current
- **DMHA-Whole Health Action Mgmt. (WHAM) Peer Support Training -**August 2012-Current
- **Department of Veteran Affairs-National Vet to Vet Facilitator-**October 2011-Current
- **Illness Management and Recovery Facilitator-**2015-Current

PROFESSIONAL PRESENTATIONS

Panelist, *Stepping Up Summit* Washington DC; April 19, 2016 with Pete Early moderated by Dr. Rahna Parekh on Mental Health Criminal Justice and Families.

Panelist, *NAMI National Convention* Denver CO; 2016 Criminal Justice and Mental Health and Recovery Featuring Major Sam Cochran Ret. Memphis PD; Retired Dr. Fred Osher Psychiatrist, Mr. Mark Gale of NAMI West LA and moderated by Ron Honberg now retired NAMI Public Policy Director

Presenter, *NAMI National Conference* Washington DC; 2017 In Our Own Voice

Panelist, *SAMHSA SMVF TA Webinar*; January 27, 2021 Justice Involved Veterans with Sean Clark National Director Veterans Justice Programs, Gregory Crawford Correctional Program Specialist NIC USDOJ

Moderator, Corporation for Supportive Housing (CSH) National Panel on Housing integrations with panelists representing NYC NY, Philadelphia, PA Denver, CO and Indianapolis, IN

Keynote address NAMI TN Statewide Crisis Intervention Teams (CIT) Conference, virtual 11-10-21.

MILITARY SERVICE

- United States Marine Corps, Honorable Discharge