



## BABU GEORGE MATHEW

<https://www.linkedin.com/in/babu-mathew-324a4518/>

<https://www.facebook.com/bgmathew>

### SUMMARY

Family Peer / Caregiver and Passionate Mental Health Advocate who strongly believes Mental health justice should be a cross-cultural, intercultural, and multi-contextual movement and strong Community and Spirituality connections are essential pathways to Holistic Wellness. Invested in taking NAMI's message of HOPE to the grassroots to see and walk alongside those in the shadows due to the Stigma and Shame surrounding mental illnesses.

### SKILLS:

- Empathetic Leadership
- Reflective Listening
- Organizational / Nonprofit Board Management
- Networking / Community Connections

### EXPERIENCE:

#### President, Board of Directors, NAMI Colorado, January 2020-Current

- Led the Executive Committee in 2020, working with the Staff for continued operations after the interim Executive Director resigned mid-year.
- Led a Search Committee of industry professionals in late 2020 in hiring our new Executive Director to lead the administration from January 2021.
- Collaborated closely with the Executive Director to ensure alignment between strategic plans and operational objectives in reimagining our State Organization.
- Developed agendas for board meetings, facilitated discussion of pertinent issues and documented resolutions.
- Regular weekly check-ins with the Executive Director as co-pilots for our State Organization.
- Together, we made the much-needed transition from a "Working Board" to a Governing Nonprofit Board.
- Recruited new, diverse board members based on their skillset and expertise to strengthen the organization's leadership team.
- Worked with the ED and the board members in crafting the 2021 Strategic Roadmap, which remains as an organic guiding document for our operations each year.
- Together, we have increased our revenue 3-fold in 3 years.
- Assisted in developing annual goals that aligned with the vision statement of our organization.
- Engaged in community outreach opportunities to promote awareness about NAMI's mission.
- Organized board retreats and coordinated with the Colorado School of Public Health in providing DEI training for the board members.
- As a member of the Nonprofit Leadership Lab, maintained up-to-date knowledge of relevant laws, regulations, trends, and best practices related to nonprofit governance.
- Regularly attends our monthly Affiliate Roundtables that have helped us build very healthy relationships with our 14 Affiliates in Colorado.

#### Vice President, Board of Directors, NAMI Colorado, January 2019 – January 2020

- Assisted the Board President in organizing board meetings / preparing agenda.
- Chaired board meetings in the absence of the Chair.
- Helped in building community connections including the City Youth Commissions.

**Member, Board of Directors, NAMI Colorado, October 2018 – Current**

- Attended board meetings, participated in discussions, and voted on important matters.
- Participated in Standing Committee meetings such as fundraising, finance and audit, affiliate development, public policy.
- Maintained confidentiality regarding internal organizational affairs and information.
- Engaged in fundraising and resource development efforts by reaching out to interested partners and donors.

**Secretary, NAMI State Presidents Council, May 2020-Current**

- Serving my second term of office as Secretary on the Executive Committee on the NAMI SPC.
- Actively participated in the monthly meetings and Joint Council meetings.
- Prepared and submitted comprehensive Minutes after each meeting.
- Presented on “Implementation of the NAMI Faithnet initiative” at the NSONAs at a SPC meeting in 2023.

**Member, NAMI Faithnet National Advisory Committee, January 2019 – Current**

- Serving as member of the Faithnet Advisory Committee from January 2019
- In 2022, worked on the 5-part NAMI Focus Group sessions in developing a Logic Model for Faithnet outreach.
- Actively participating in the monthly meetings.
- Collaborates with the interfaith Communities and leaders.
- Presentations at faith organizations on the intersection of mental health and spirituality.
- Panelist on the Faithnet presentation at the NAMICon 2023.
- Assisted our Executive Director in organizing the Pathways to Hope Conference sessions in Colorado.
- Helped organize the 6-part panel discussion series on Mental Health and Spirituality at the St. Luke’s Episcopal Church, Denver in 2023.

**NAMI CCIE Engagement, January 2022 – Current**

- Active coordination with the NAMI Office of Innovation on Cross-Cultural Innovation and Engagement with Faithnet, Sharing Hope, Chai & Chat initiatives.

**NAMICon Participant, 2016 – 2023**

- Attended the in-person NAMICons, 2016, 2018, 2019, 2023.
- Attended the virtual NAMICons, 2020-2022.
- Assisted with Faithnet Tables and Faith Services at the NAMICons in 2019, 2023.
- Panelist on the Faithnet presentation at the NAMICon 2023.
- Panelist on NAMI Colorado presentation at NAMICon 2023 on NAMI partnerships with Local, State and Federal Governments.

**OTHER EXPERIENCE:**

- Has over 2 decades of experience in Sales & Marketing with Graphic Arts & Printing / Semiconductor Packaging in India and the U.S.

**CERTIFICATIONS:**

- Teacher, NAMI Family-to-Family Education, 2018 – Current
- Program Leader, NAMI Family and Friends, 2020 – Current
- Facilitator, NAMI Family Support Groups, 2024

**RECOGNITIONS / AWARDS:**

- Recipient of the NAMI Cross-Cultural Innovation and Engagement Award at NAMICon 2023

**VOLUNTEERING:**

- **NAMIWalks Colorado Team Captain, 2019 – Current**
  - 6<sup>th</sup> year leading team “Asian Americans for Mental Health”.
  - Raising mental health awareness among the South Asian Indian Americans.
  - One of the top fundraisers over the years.
- **Depression and Bipolar Support Alliance (DBSA)**
  - Volunteered with the local chapters of DBSA, 2014 – 2015.
- **Denver Rescue Mission, 2014 – 2016**
  - Led a Refugee Mentoring Project at my church in collaboration with the Lutheran Family Services and the Denver Rescue Mission.

**EDUCATION AND TRAINING:**

- Associate of Arts, Graphic Arts & Printing
- Bachelor of Science, Chemistry