Elise Banks-Lovely

Objective:

To advocate and support those living with mental and emotional issues and provide the community with resources to improve their life. To be elected as a board member for NAMI National.

Education:

University of Houston, Houston, TX May 2014

Masters in Counseling

Baylor University, Waco, TX May 2011

Bachelors of Arts in Psychology

Skills:

Leader – Collaborator – Performance Coach – Strong Verbal and Written Communication – Mindful – Motivated – Empathetic

Work Experience:

The Conative Group, Houston, TX

July 2017 - Present

- Psychotherapist
 - I serve the emotional and psychological needs of children, adolescents and young adults through individual and family psychotherapy. I use techniques from Cognitive Behavioral Therapy (CBT), Solution-Focused Therapy and Person-Centered Therapy.

Miss Houston Pageant, Houston, TX

November 2020 - Present

- Owner and Executive Director
 - Sets the strategic direction for the pageant, administers sponsorship and partner agreements, and oversees the daily operation of the pageant including production, administration and staff of 5 people. Miss Houston is the largest local preliminary pageant in the country.
 - Manages the appearance schedules of Miss Houston and Miss Houston teen throughout their 1 year reign including preparation for the Texas state pageant.

St. Mark's Episcopal School, Houston, TX

August 2015 – June 2022

- Resident Therapist
 - I served students (PK2 8th Grade), their families and the school's faculty and staff through short-term individual therapy.
 I created Boy World | Girl World, which is a character development program for students focusing on social-emotional learning.
 I also taught mental health classes to students and faculty in order to increase more awareness on the on-going need for emotional support.

Staying Ahead of the Game!, Houston, TX

September 2011 – December 2022

- Onboarding Specialist
 - With an extensive background in evaluations and academic coaching I served as the senior student evaluator who documents specific student needs before starting the program. As master trainer I also led and facilitated all academic coach trainings; a requirement before coaches can begin their coaching work with students.

Dr. DK Sanders & Associates, Houston, TX

June 2014 – July 2017

- Psychotherapist
 - Individual, family and marriage counselling.

West Oaks Hospital, Houston, TX

June 2014 – July 2015

- Psychotherapist
 - o Individual, group and family counselling.
 - Psychological evaluations.
 - Treatment planning for patient care.

Weinberger, Black & Associates, Houston, TX May 2011 – September 2012

- Office Manager
 - Personal assistant to Dr. Robert Weinberger.
 - o Organize meetings for the company.
 - Meet with pharmaceutical and drug rehabilitation representatives.
 - Organize clinician work schedules.

Platform Initiatives:

Healthy Mind | Successful Life

January 2015 – Present

- This platform was created to break the stigma associated with mental illness.
- Through this platform I have been able to travel domestically and internationally to speak, conduct interviews, blogs and make necessary relationships to continue the dialogue on mental health.
- Partner with NAMI to provide tools to teach proactive ways to care for mental health.

Leadership Achievements:

- NAMI Texas Board of Directors and Board President, July 2017 - Present
- Menninger Foundation Board September 2017 – Present
- NAMI National Ambassador November 2015 – Present
- Miss Texas International & Miss International 2015
 March 2015 August 2016
- Miss Bay Area USA June 2012 – July 2013
- American Medical Student Association, President June 2008 – June 2009
- Miss Waco USA February 2007 – May 2008