

Getting Started: Ongoing Support

Slide 1: Title

Slide 2: Resource Location

The following slides will be reviewing the “Getting Started” section in NAMI Net. All links and references will be available to download from that page.

Slide 3: NAMI National

NAMI National oversees NOC as an initiative and provides technical support to NSOs and NAs. We are responsible for...

- Connect interested students and schools to their local NAMI Affiliate and/or NSO
- Support NSONAs as needed
- Extend invitations to webinars and events regarding NOC or youth and young adults
- Update materials and policies as needed
- Provide one-on-one meetings for NSOs and NAs as needed
- Keep a list of registered NOC clubs across the nation
- Provide grant opportunities when available

Slide 4: NAMI State Organizations- Minimum

NSOs act as a liaison for NAMI National and local NAMI Affiliates. They should be informed about NOC updates and opportunities for clubs. They do not typically provide direct support to clubs but can act as their partner affiliate if the school does not have an affiliate in their area. Here is a brief overview of the minimum requirements of supporting NOC as an NSO.

- Connect interested schools to their local NAMI Affiliate when applicable
- Keep an open line of communication with the clubs and NAs as needed
- Support NAMI Affiliates so they can support clubs
- Extend an invitation to clubs to attend NSO events
- Share successes when possible
- Recommend mental health speakers who may present at school club functions/events
- Keep a list of known NOC clubs and their contacts within the state

Slide 5: NAMI State Organizations- Additional Capacity

Additional capacity can include:

- Host monthly calls or workshops to connect the clubs or provide leadership trainings
- Arrange for speakers and trained program leaders from NAMI educational programs to speak at school club meetings and/or events
- Provide internship opportunities to college students
- Look for funding opportunities to support local affiliates or clubs

Slide 6: NAMI Affiliates- Minimum

Local NAMI Affiliates act as a Liaison for their partner NOC club and their NSO and/or National. They are there to provide direct support to the clubs. Here is a brief overview of the minimum requirements of supporting NOC as a local NAMI Affiliate.

Minimum:

- Designate a point of contact to work directly with the campus clubs and NSO
- Keep an open line of communication with the school club
- Provide local information and available services
- Share club successes
- Provide any upcoming events
- Invite the club members to engage in local advocacy meetings, mental health committee meetings, serve on stakeholder groups and volunteer their time to issues and needs of your organization that overlap with their interest.

Slide 7: NAMI Affiliates- Additional Capacity

Additional capacity can include:

- Host monthly calls or workshops to connect the clubs and provide upcoming event and opportunities information
- Arrange for speakers and trained program leaders from NAMI educational programs to speak at school club meetings and/or events
- Help club work on Action Plan Guide to help them set goals
- Provide volunteer opportunities to club members when available

Slide 8: Let's Review

To wrap up this section, let's review what you learned.

- NAMI National provides material updates and notifications for opportunities
- NAMI State Organizations support on a different level than local affiliates and act as a liaison for National and NAMI Affiliates
- NAMI Affiliates provide direct support to clubs

Slide 9: Closing

All information provided in this video can be found in the "Getting Started" section. If you have any questions about NOC, please contact NAMIONCampus@NAMI.org.