



# Agenda

- Program Overview
- NAMI Net
- NOC Club Representatives
- Q&A



# NAM On Campus

NAMI on Campus (NOC) clubs work to end the stigma that makes it hard for students to talk about mental health and get the help they need. Clubs hold creative meetings, hold innovative awareness events, and offer signature NAM programs through partnerships with NAMI State Organizations and NAMI Affiliates.

NOC clubs are student-led, student-run mental health organizations on high school and college campuses. NAMI on Campus clubs:

- Raise mental health awareness with fairs, walks and candlelit vigils.
- Educate the campus with presentations, guest speakers and student panels.
- Advocate for improved mental health services and policies on campus.
- Support peers with signature NAMI programs and training from NAMI State Organizations and Affiliates.



# How to Start a Club

Step 1: Connect with the local NAMI State Organization (NSO) and/or local NAMI Affiliate (NA) to start establishing a relationship and learn more about the NAMI On Campus program.

Step 2: Complete all requirements to establish a club at the school. Talk with the school's administration about what steps the interested students have to take as different schools have different requirements.

Step 3: Secure a faculty advisor who is committed to attending club meetings and events. This school staff member should share an interest in mental health education.

Step 4: Secure club leaders. At a minimum, your NOC club should contain a president, secretary, and a treasurer to help support club meetings and other club related efforts (i.e. events, funding, club materials).

Step 5: Contact the NSO to complete the NOC Contact form to register your club as an official club.



## Accessing Resources

### NAMI Net Access

• Anyone with a NAMI.org account can access NAMI On Campus resources in NAMI Net

**NAMI Net** 

Outreach and **Partnerships** 

### Resources

- Getting Started
- Sample Constitutions and Bylaws
- Logo and Promotional Materials
- Activity and Event Ideas
- Funding Tips
- Succession Planning

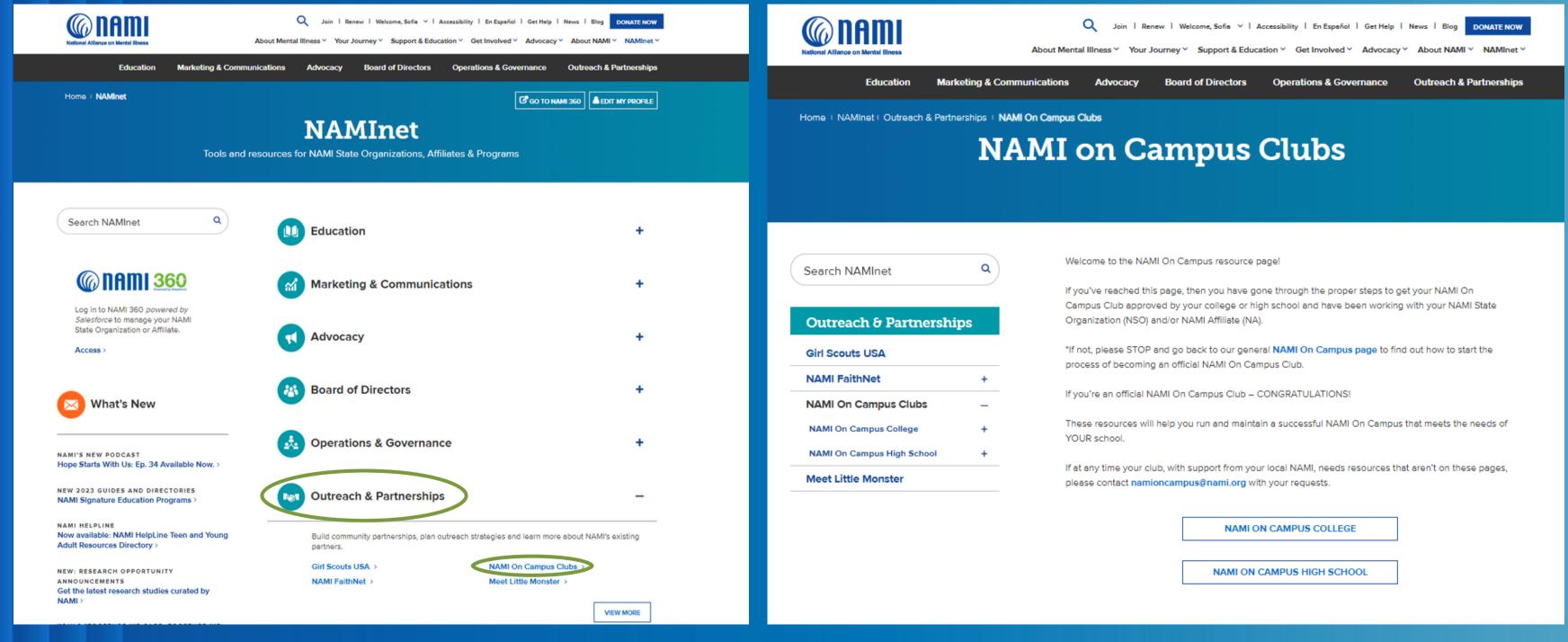




**NAMI On** Campus Clubs



# NAMI Net





## **NAMNet**



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Q

### **NAMI On Campus High School**

Search NAMInet

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Welcome NAMI on Campus High School leaders!

We're so happy to have you join our growing movement. In this section you'll find exclusive resources for leading a NAMI on Campus club.

#### New To NAMI On Campus?

If you are a new club, we suggest checking out our Getting Started section where you can find all the materials you need to help organize your club and establish what systems work best for your club. This section is also great for new club leaders looking to get more information about how to support their existing club.

#### **Needing Tips For Activites And Events?**

Activities and events are some of the most important responsibilities of clubs. This is where your club can reach out to the community in a safe environment that is both fun and educational for participants. These events can also bring in new club members!

Clubs can seek inspiration from the Activities and Event Ideas section and by following other clubs on social media and share ideas.

#### Promoting Your NAMI On Campus Club

We have developed many promotional materials for your club. Think about creating a social media account for your club so that you can alert your peers about club events. Check out the Logo and Promotional Materials section for more information and materials.



Education

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#### **Outreach & Partnerships**

Girl Scouts USA

NAMI FaithNet

NAMI On Campus Clubs

NAMI On Campus College

Getting Started

Sample Constitutions and Bylaws

Logo and Promotional Materials

Activity and Event Ideas

Funding

Planning for Leadership Transition

Get Involved with Your Local NAMI

Videos and Other Resources

NAMI On Campus High School

Meet Little Monster

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About Ment	al Illness Y Your J	ourney Y Support & Educ	ation Y Get Involved Y Adv	ocacy Y About NAMI Y	NAMInet ~
ng & Communications	Advocacy	Board of Directors	Operations & Governan	ce Outreach & Par	tnerships
ips   NAMI On Campus (	Clubs   NAMI On	Campus College			

### NAMI On Campus College



Welcome NAMI on Campus College leaders!

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## NOC Club Representatives

## College

- Fuadul Hoque (He/Him), President of NOC at Drexel University
- Jake Jensen (He/Him), President of NOC at Perelman School of Medicine at the University of Pennsylvania

## **High School**

- Serena Foko (She/Her), Founder of NOC at Smyrna High School
- Yagnesh Lokesh (He/Him), Representative of NOC at Waubonsie High School
- Kristy Wilson (She/Her), Advisor of NOC at Central High School



# Questions?

# Please write your questions in the chat box



National Alliance on Mental Illness

# Thanks for your time!

If you have any questions in the future, don't hesitate to reach out!

Sofia Amezcua, Youth and Young Adults Initiatives Manager samezcua@namica.org namioncampus@nami.org

### NAMI on Campus Contact Form



